

## **Medical Certificate for Staff**

## Section 1: Personal Details (of the examined person)

Family name:	First name(s):	
Address:		
Country:	Postcode:	
Town:		
Telephone (please add country code):		
Date of birth (date/month/year):		

## **Section 2: Questions**

In your opinion, the above named:					
1.	Is physically and mentally <b>able</b> to do strenuous work on a daily basis for 3 months or more, at a height of 1'200m above sea level and above?	YES	NO		
2.	Is physically and mentally <b>able</b> to lead alpine activities on a regular basis up to 3'000m above sea level? Activities such as hiking, climbing, skiing, etc.	YES	NO		
3.	Has <b>any physical or mental condition that could influence</b> the person's general safety, well-being and their ability to volunteer at Kandersteg International Scout Centre?  Based on medical records and knowledge of the above named (Eg: Epilepsia, anxiety, dyspraxia etc.)	YES	NO		
1	uestion <b>3</b> is answered with a <b>YES</b> , please give more details on support and attention requether it is self-managed:	uired for	it or		
4.	Has <b>any problem</b> with their health at the moment or takes medication on a regular basis?	YES	NO		
If q	uestion <b>4</b> is answered with a <b>YES</b> , please give more details:				



In your opinion, the above named:		NO	
5. Does the above named has any <b>allergies</b> ? Medicinal, dietary, etc.	YES	NO	
If question <b>5</b> is answered with a <b>YES</b> , please give more details including severity and restrictions:			
Any other comments or remarks?			

## Section 3: Signature

I,(name) confirm thatwas examined by myself today to the best of my knowledge.	·			
Doctor's address:				
Town & Postcode:	Country:			
Telephone (please add country code):				
Date:	Place:			
Doctor's signature:	Stamp:			