

# UK REGULATIONS at KISC - Summer

## TO ALL GROUPS OF THE SCOUT ASSOCIATION (UK) VISITING KANDERSTEG INTERNATIONAL SCOUT CENTRE

#### UK SCOUTS AND SUMMER ACTIVITIES AT KANDERSTEG

Kandersteg International Scout Centre (KISC) is one of the most popular international destinations for UK Scouts. KISC and the UK Scout Association have been working together to ensure that your Alpine activities are conducted under the stipulations of UK activity rules. The purpose of this document is to clearly inform you of the procedure for activities while staying at Kandersteg International Scout Centre. It is crucial that you read the following.

#### What is the situation for UK groups in Kandersteg?

- When you arrive in Kandersteg, a leader will have to sign 'KISC's General Terms and Conditions' on behalf of the whole group. This named leader is then responsible for all the actions while here.
- Members of staff in Kandersteg, who come from many countries, are trained and assessed in leading various activities based on and around KISC operating procedures and standards.

The UK Scout Association have consulted with Kandersteg and are happy that these standards meet the required standard. UK groups can therefore be confident that using KISC led activities fulfil the requirements of the UK Scout Association. The KISC staff will work closely with all groups prior to activities to ensure that they are fully prepared.

### What is the situation for UK groups taking part in activities lead by KISC Staff?

- When taking part in activities overseas the rules of the UK Scout Association allow for host country Scout leaders to lead activities for UK Scouts following the rules of the host country (POR Rule 9.64 e). This includes Kandersteg staff leading activities following the KISC rules and operating procedures. UK groups therefore do not need to follow UK activity specific rules (such as group sizes) when taking part in KISC led activities.
- For all activities a leader from the Scout Association (UK) must be present and be prepared to halt the activity if they have any safety concerns.



## What is the situation for UK groups taking part in activities booked by KISC with external companies?

- KISC works with various external activity providers, who run activities such as high ropes parks and white water rafting. KISC only works with companies who comply with Swiss law, required activity-specific permissions and whose staff are qualified to the level required in Switzerland.
- KISC works with some external companies who provide equipment rental e.g. mountain bikes or river tubes. If groups choose to rent this equipment, they must follow UK activity rules as outlined in chapter 9 of POR.
- KISC offers some activities which are not well known in the UK and may not have any regulations. In these cases it is usually possible to find a similar activity as a comparison.
- Activities which are forbidden by The Scout Association remain forbidden even if
  offered with KISC staff or through an external provider, these activities include
  bungee jumping and banana boating.

#### What is the situation for UK groups doing activities on their own?

- KISC has a large international team led by the Deputy Director for Programme, who
  can offer advice and help you plan your activities. We urge you to use their
  knowledge and expertise as much as possible.
- It is up to you as a group to check that you are following all the relevant regulations of the Scout Association (UK), especially with regard to necessary Hillwalking permits.
- All groups staying at KISC must complete a Route Card and leave it with the Staff. It
  is your responsibility to ensure that your planning comes within the rules of The
  Scout Association (UK)

If you need help or advice when planning your visit please contact The Scout Association Headquarters on 0208 4337100 or info.centre@scouts.org.uk.

#### **Mountain Huts**

- For many groups staying at KISC an overnight at a mountain hut is an important
  part of their Programme. KISC operates 2 of their own mountain huts; Gfellalp Hut
  and Ueschinen Hut and can also book spaces in various locally run mountain huts.
  The availability and layout of mountain huts can not always be guaranteed in
  advance, so members of The Scout Association UK will need to consider and plan for
  potential sleeping arrangements.
- The KISC huts of Gfellalp Hut and Ueschinen Hut have 3 and 4 bedrooms but can be shared by several Scout groups from different nationalities. KISC staff will show groups the sleeping arrangements during the hut check in and will leave different group leaders to decide on sleeping arrangements.



Externally run huts such as Fründen Hut, Lötschenpass Hut and Schwarenbach
Hotel typically will put a Scout group into 1 large dormitory room. Often they only
have one sleeping room for all groups. In these cases it is down to the group to
manage the sleeping arrangements to fit with The Scout Association safeguarding
regulations.

#### **Further notes**

- Plan your programme thoroughly and contact the Programme Staff to discuss what you would like to do and please follow the booking procedure as stipulated on www.kisc.ch and the General Terms & Conditions.
- Walking maps of the area around Kandersteg are available aim to buy and use these. KISC can send you one in advance if you wish and put the cost on your bill.
- If you are still not clear about the current UK rules, contact your ACC Activities or The UK Scout Association at UK Headquarters.

KISC and The Scout Association (UK) work together to ensure that the activities guided by KISC Staff meet the standards and expectations of Scouts from the UK.

Alpine activities are adventurous and challenging – we all know that accidents can and do happen but with sensible preparation, the risks are minimised. However, these activities are rewarding, fun, team building and can provide memories that last a lifetime. We believe that KISC offers the safest programme we can and look forward to welcoming you to Kandersteg

Yours in Scouting

Yours in Scouting

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## THE SCOUT ASSOCIATION (UK) SUMMER ACTIVITY CLASSIFICATION

#### Introduction

The purpose of this sheet is to clarify the situation with regard to UK leader led hiking, mountain biking, via-ferrata and water activities in the area around Kandersteg International Scout Centre.

It is specifically to give detailed information to allow UK groups to relate and compare, using the UK terminology, the situation in Kandersteg with that of the United Kingdom. KISC led hikes and activities follow KISC rules and operating procedures as detailed on page 2. These terrain and water classifications are for unguided / self-guided activities only.

The Swiss Alpine Club (SAC) categorises all paths in Switzerland using a rating of T1-T6. Remoteness, difficulty, navigational skills, exposure and technical skills are all taken into account with this rating. KISC has linked these to the equivalent UK Permit level.

#### Hillwalking

**UK Terrain Zero** 

The following areas are deemed to be Terrain Zero:

Locations less than 30 minutes from any habitation with telephone or road reachable by a normal road going ambulance.

Example routes: Blausee, Höh, Gasterntal, Oeschinensee.

T1 Wanderweg – UK Scout Association Terrain Zero (with extra requirements)

T1 Wanderweg are well marked, even, generally wide paths. Any steeper ground is well secured with a hand rail and steps. Navigation is simple and no specialist knowledge or equipment is required.

T1 Wanderweg are marked on the ground with yellow diamonds and yellow signposts. On the Kandersteg area map they marked with a solid red line.

All Wanderweg are rated T1 by the SAC and can be considered Terrain Zero as long as the rules below are followed:

For parties following a T1 Wanderweg, the following apply:

- The UK leader must carry out, a risk assessment of the proposed route, taking into account weather forecasts and trail conditions. KISC staff can assist with this process.
- 2. The party size is strictly limited to 8 people.
- 3. One person in this party must be designated as the leader of the party.



4. A completed Route Card must be left with the KISC Staff.

Example routes: Allmenalp, Gemmi pass from Sunnbuel, Ueschinen Hut.

For activities on routes that exceed the requirements for terrain zero a permit is required and the following rules must be followed:

- 1. The leader must have a permit for the area in which they are walking. This will be at the same technical level as 'Terrain 1 or 2 UK', but any restrictions need to include the Kandersteg area being walked.
- 2. When there are winter conditions, including when there is snow on the route, the permit needs to be for 'Winter Conditions'. KISC staff will be able to help in assessing the condition of the route.
- 3. The party size is strictly limited to 8 people.
- 4. One person in this party must be designated as the leader of the party.
- 5. A completed Route Card must be left with the KISC Staff.

#### T2 Bergweg - UK Scout Association Terrain 1

Bergweg with a SAC rating of T2 can be considered UK Terrain 1. They can be steeper trails with some exposure and cross areas of loose rock. More exposed areas are generally equipped with a cable. Surefootedness and basic navigational skills are needed but the average hiker generally does not need to use their hands for progress.

T2 Bergweg are marked on the ground with red and white paint and yellow signposts with red and white tips. On the Kandersteg area map they marked with a dotted red line.

Example routes: Gurnigel, Gfellalp Hut, Doldenhorn Hut, Lämmeren Hut.

#### T3 Bergweg - UK Scout Association Terrain 2

Bergweg with a SAC rating of T3 can be considered UK Terrain 2. It indicates that the path will be often be steep and in remote locations several hours from the nearest habitation. Hikers will need to use their hands to cross cabled, exposed sections. Navigational skills along with a head for heights and some previous hiking experience are needed for these trails.

T3 Bergweg are marked on the ground, the same as T2 Bergweg - with red and white paint and yellow signposts with red and white tips. On the Kandersteg area map they marked with a dotted red line.

Example routes: Fründen Hut, Lötschenpass, Blüemlisalp Hut, Gällihorn.

T4 and T5 Alpinewegs, Via Ferrata, and mountaineering routes - UK Scout Association Specialist Terrain

T4 and T5 routes are also known as Alpinewegs. They can be in remote locations, cover difficult steep rocky terrain or cross large snowfields and often require alpine skills, equipment and experience. They are sometimes marked on the ground with blue and white



markings and blue or blue and white signposts. On the Kandersteg area they are marked with a blue dotted line. Sometimes these routes are unmarked both on the map and on the ground. Also in this section are mountaineering routes and Via Ferrata which may involve glacier crossing, difficult navigation and specialist equipment – these routes are generally unmarked on the ground and on the map.

All of the above routes would be considered specialist terrain. UK parties proposing routes covering this specialist terrain need specific approval from their Commissioner, following advice from someone with specific knowledge and experience of the activity, in addition to a Terrain 2 hillwalking permit.

Example routes: Hockenhorn, Tälligletscher, Kanderfirn, Allmenalp Via Ferrata.

#### Glacier Walk

There are an opportunities to undertake glacier walks near Kandersteg but this is only possible during the summer season, all fall within the categories listed above and KISC can provide more details and information.

#### Winter Conditions

Snow can cover hiking trails long into the summer months. KISC can advise on current route conditions, but leaders also must make their own judgements and turn back if they do not have a winter hillwalking permit or equipment to safely complete the route.

Please remember any walking route with snow on the ground is considered 'winter conditions' and requires the relevant level of winter hillwalking permit.

Where routes require the use of specialist equipment such as ice axes these should be limited to guided trips or those with their own equipment who come with the necessary skills and qualifications to undertake these activities.

#### Mountaineering and Specialist Terrain

There are some excellent mountaineering areas around Kandersteg which can be undertaken, members must be experienced in the activities they wish to undertake and have appropriate permits or Commissioner approvals to operate in specialist terrain.

The Allmenalp Via Ferrata in Kandersteg is above mid-grade (K4) but quite short (guidebook time 3 hours), so Commissioners need to ensure that Leaders wishing to take young people on this have experience in hillwalking and climbing as well as knowledge of the specific safety equipment that they will be using on the Via Ferrata. County Mountaineering Advisers should be able to support Commissioners in ensuring that sufficient knowledge and experience are held.



#### **Cycle Activities**

#### Mountain Biking

There are three main unguided mountain biking routes around KISC; Gasterntal, Sunnbuel and Kandersteg area. KISC can provide routes and trail guides for these to help leaders with planning.

- Gasterntal Terrain 0
- Kandersteg Terrain 0
- Sunnbuel to Gemmi Terrain 0
- Sunnbuel to Kandersteg Terrain 2

The Terrain 0 routes should be led by someone with experience of mountain biking, but no permit is required. The leader should follow the guidance in FS120422 Cycling, The Sunnbuel to Kandersteg bike trail is far more challenging and only suitable for those with experience of mountain biking in a downhill environment. This route is in Terrain 2 and so the leader requires a Terrain 2 Mountain Biking permit to lead this activity.

For all mountain biking activities helmets must be worn by all UK members undertaking this activity.

#### Trotti Biking

This activity is similar to mountain biking, although more of a mountain scooter. This is available in the Adelboden area with various routes available. The guidance for cycling in terrain 0 should be followed for this activity, including the wearing of helmets.

#### Climbing

Kandersteg has a huge range of climbing locations, catering to various abilities and interests. All routes are 'sport style' with bolted and well maintained belay stations. All groups must be lead by someone holding the relevant level of climbing permit for natural conditions. Helmets must be worn by all UK members undertaking this activity.

#### **Water Activities**

#### Water & Lakes Around Kandersteg

When swimming the leader is responsible for assessing the grade, and therefore requirements, of the water body. For consistency the Scout Association has advised that the following popular lakes under normal conditions are considered Class B1 waters:

- Oeschinensee
- Daubensee



This means that Scouts swimming in these waters need to be led by either; someone holding a water activity permit following the guidelines for activity permit holders leading swimming, or by someone holding the appropriate Water Safety Management Programme (WSMP) qualification of the RLSS or equivalent or higher.

Paddling in still water up to waist deep is acceptable without qualified supervision as long as the following paddling guidelines are followed:

- Conduct a risk assessment of the activity.
- Provide appropriate individual(s) as safety cover and equipment as identified by the risk assessment,
- Ensure any safety cover is in an appropriate position to provide effective cover.
- Ensure the participants are clearly visible above the water level at all times.

#### Tubing and Rafting

Tubing activities are classified as swimming and must be managed in the same way by someone with experience of this type of activity. Full information can be found in FS120620 Swimming.

Self-led rafting is also available in the area, with small rafts for 1-6 people. This activity requires an adult per raft. The water in this area is classified as B2 by UK Scouting standards and therefore a B2 permit for white water rafting would be required for self-led trips.

