



kandersteg
international scout centre



frundenhütte

Difficulty: Medium

UK Groups: Terrain 2

Time: 4 1/2 hours on foot from Kandersteg, 3 1/2 hours from the top of the gondola. (One Way)

Wander Rucksack: Biberg, Tourist office, Oeschinensee (Bronze)

Hüttentest: Frundenhütte

Description:

A fine site overlooking Oeschinensee and visible from the lake, the hut is situated at the top of a rock knoll and immediately under the Frunden Glacier. The route consists of a series of long but moderately graded zigzags—gaining 1000m in little over 2km. A diverse and exciting route with spectacular views.

Prices:

Half Board Only

SFr. 50 per night

This price is not available on Saturday nights.

Overnight without hut catering is not possible



Follow the LNT principles to reduce your recreation impact.

1. Plan Ahead And Prepare
2. Travel and Camp on Durable Surfaces
3. Dispose of Waste Properly
4. Leave What You Find
5. Minimize Campfire Impacts
6. Respect Wildlife
7. Be Considerate of Other Visitors

Please note that this route description is intended solely as an aid for planning your route. It is NOT a substitute for properly planning your route and having the necessary equipment, skills and knowledge.

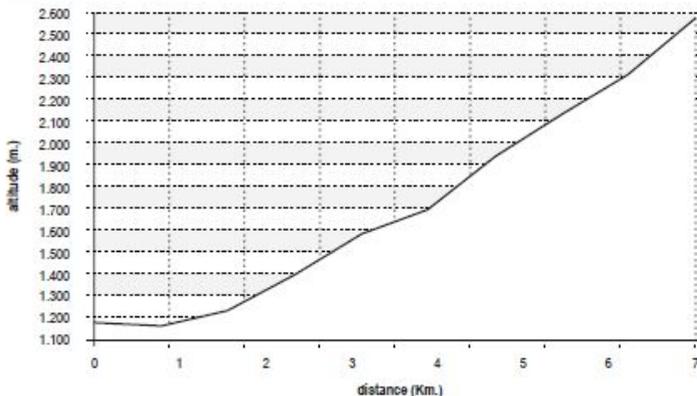
The Centre accepts no responsibility for variations in the information given for whatever reason, including the route on the ground.



Route:

From the Centre (1189m) walk along the main road down to the village. Turn right immediately after the Tourist office. Follow the road on the right side of the Oeschinen stream. At the bridge take the right hand road. (Go over the bridge if using the gondola). This small road (route 7) on the right takes you up to the Oeschwald forest. After approximately 30 minutes walk you arrive at a junction with a signpost.

Altitude profile:



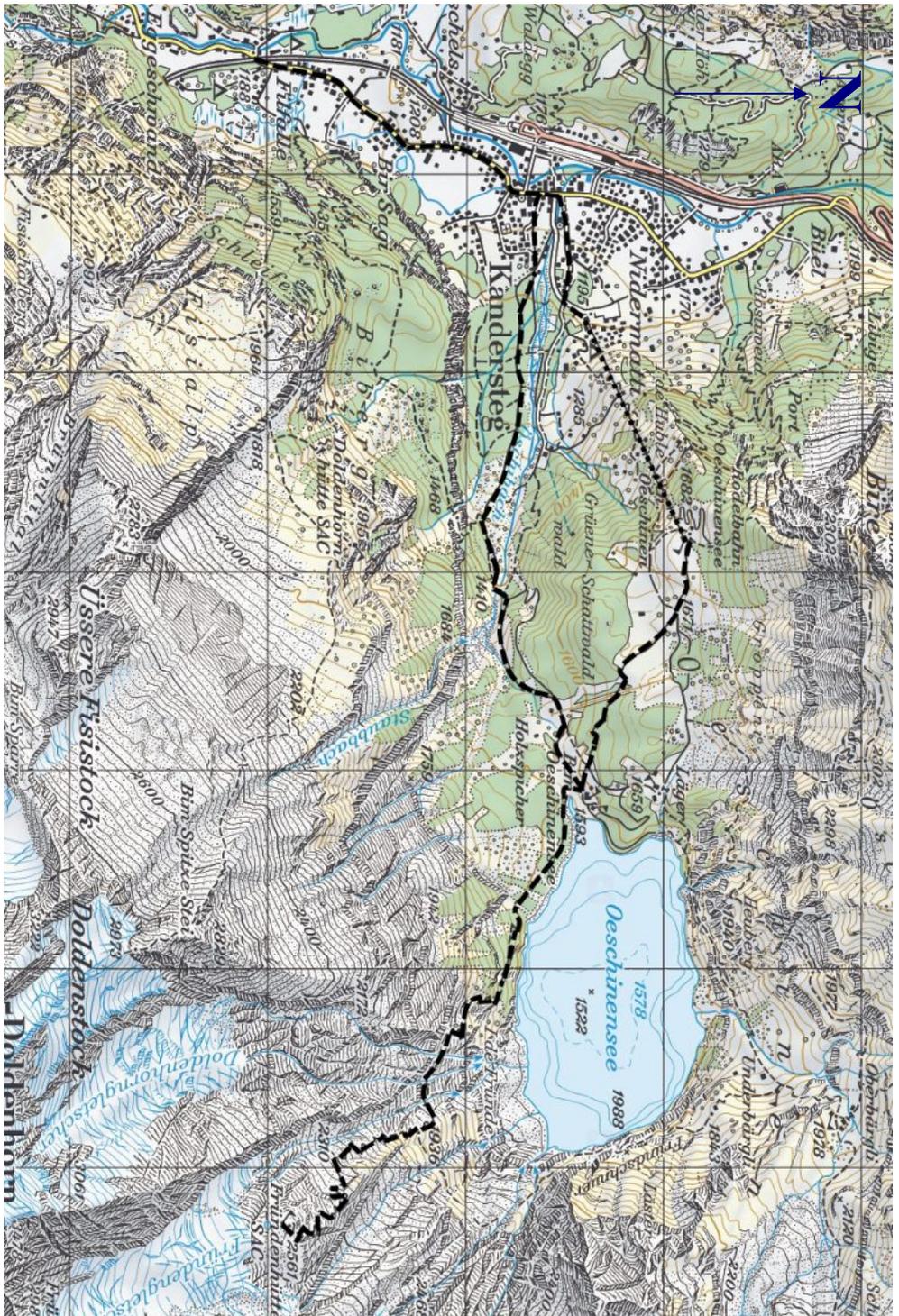
Ignore this Doldenhornhütte junction and continue straight up the Oeschinen stream valley. The path (route 17) crosses to the left side of the stream later on and rises gradually to the glades around the lake side hotel (1539m). Just before the hotel you come to a junction with a signpost. From now on follow the path that goes right and to the south side of the lake.

This point can also be reached by taking the gondola from Kandersteg. Next to the top station (1682m) is the summer sledge run. From here follow the large path SE to the hotel (20 minutes).

Once on the south side of the lake, the path (route 25) follows along the waters edge, but climbs soon into a zone of slabby rock barriers, which are cut by picturesque waterfalls. After this the path climbs and zig-zags over stones, grass and then gradually on to a broad meadow cut by gullies. Keep climbing up and over increasingly rocky terrain. As you approach the hut there are some cables and spikes in places to help you. The path brings you to a large platform and the hut at 2562m.

ROUTE CARD		GROUP NAME	BOOKING NUMBER
		CAMPSITE / ROOM	NATIONALITY
		MOBILE PHONE NO. (OPTIONAL)	
DESTINATION AND ROUTE:			
KISC - Oeschinensee cable car - Fründenhütte – Oeschinensee cable car– KISC			
WEATHER?		ROUTE CONDITION?	HUT? EQUIPMENT?
MALE	FEMALE	TOTAL IN GROUP	<small>All groups leaving the valley on adventurous activities must complete a Route Card, whether accompanied by a Centre guide or not. All groups must report back to Reception immediately once the whole group is back at the Centre. Failure to report may mean that the Centre Staff start a search for the group. The Group Leader is responsible for ensuring the route and the manner in which it is conducted adhere to their National Regulations.</small>
16 -	
16 +	
DATE	TIME	CENTRE GUIDE	
DEPART	
RETURN	
ENGLISH	CARD CHECKED	STAFF	GROUP RETURNED
			STAFF AT
			HRS





This map is only a guide. Please take a hiking map with you. They are available at Reception.

FRÜNDENHÜTTE

Safety Checklist

Terrain:

Wanderweg + Bergweg

UK Groups:

Terrain 2

Specific activity information: Unguided hike on marked paths

Minimum Age: Recommended 14 years

Group Size: Maximum of 12 to 15 people

UK Groups to follow their own hike regulations

* All groups going on a hike need to fill out a Route Card and file it with KISC Staff.

Weather

Daily weather forecast to be consulted. The following conditions require attention:

- Bad weather (e.g. thunder/storms/snow).
- Hot weather - check you have enough water, plenty of sun cream and have a cap or sun hat on. Keep an ongoing observation of your group

Extra Guest Requirements

Fill out a route card at Reception.

Special Equipment Needed

Refer to hiking equipment list as detailed in the KanderActive.

Hot Spots

- From KISC to Oeschinensee the path is on a Wanderweg and there are no real difficulties to be aware of.
- From Oeschinensee the path through the forest gets slippery in wet weather.
- The rest of the track is on steep terrain and in places cables are in place to aid you. Care should be taken.

Cancellation Decision

- Weather conditions (as detailed above) should be taken in consideration.
 - Inadequate equipment.
 - Poor behaviour of the group.
 - Poor leadership.
 - Any member of the group suffering from health problems.
 - Any situation which may jeopardise the safety of your group.
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What do you need?

Rucksack

Boots (with ankle support)

Waterproof Jacket **AND** Trousers

Water Bottle (full, min 2 Litres)

Sun Hat

Sun Cream

Sun Glasses

Warm Hat

Gloves

Special Medication

Food (Packed Lunch)

First Aid Kit

Map, Compass & Whistle

Tickets

Mobile Phone

Money

In the event of an emergency:

Don't Panic!

Administer (basic) First Aid

Contact the Centre (0041 33 675 82 82) for advice and help in alerting the Emergency Services

